

You are invited:

Breastfeeding Class

Ellen Drews Certified Lactation Counselor

**Do you plan to Breastfeed your baby?
Are you undecided about breastfeeding?
Do you have questions about breastfeeding?**

Our class will cover

- The benefits of breastfeeding for you and your baby.**
- Tips for a smooth start to breastfeeding.**
- Latch, nursing positions, bottles, pumps and pacifiers.**
- Is my baby getting enough milk?**

Where: Premier OB/GYN

When: Friday, April 1, 2011

Time: 12:00-2:00

Call 941-745-5115 ext. 338 to register.

*You're welcome to bring your lunch to class.
Classes are small to address individual questions.*